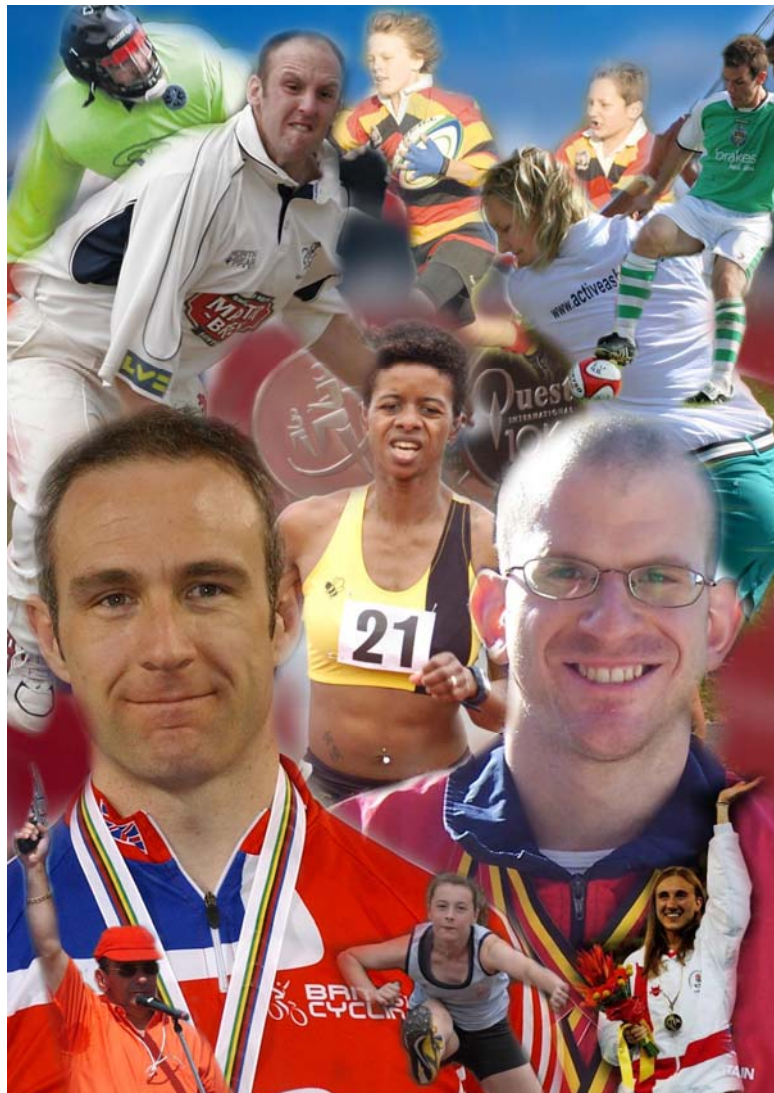




Active Ashford Brochure - the directory of leisure activities available in the Borough.



Active Ashford Hotline - 01233 330232
email: activeashford@ashford.gov.uk
Website: www.activeashford.co.uk

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Welcome note

This booklet illustrates the diverse facilities, programmes and voluntary sports clubs available within the Ashford Borough. Ashford is one of the growth areas in the country and can cater for people from all backgrounds sporting needs.

Active Ashford (the Community Sports Network) continues to promote and run schemes to attract and retain people in taking part in sport and physical activity. The partnership does this by linking and combining resources with partners from the public, private and voluntary sector to “enhance the offer”.

This document is working progress, as and when things change details will be added or amended.

This brochure can be downloaded from the Active website www.activeashford.co.uk and partner organisations such as Ashford Borough Council www.ashford.gov.uk/sport.

Council owned leisure facilities

Ashford Borough Council owns leisure facilities but are generally run by Trusts in one form or another. Each centre provides various activities at reduced prices examples of the programmes run can be seen under each facility heading. This section includes:

- **Stour Centre**
- **Tenterden Leisure Centre**
- **Julie Rose Stadium**
- **Courtside Pitchside**
- **Kingsnorth Recreation Centre**

Stour Centre, Station Approach, Ashford, Kent, TN23 1ET

Telephone: 01233 663503 Fax: 01233 677122

Website: www.thestourcentre.co.uk

Facilities include;

Water activities: 25 metre swimming pool, teaching pool, 2 flumes and raging river.

Gym: Contours Health Club including, spa, sauna, steam room and treatment rooms.

Dry side: 8 court main sports hall, studio, 2 squash courts.

Rooms: 2 meeting rooms and a Cafeteria

Swimming Pools (non centre member prices)

	Peak	Off Peak
Adult Swim	£4.50	£3.70
Concession Swim	£3.50	£2.90

	At all Times
Junior Swim (four+)	£2.90
Family Swim (two adults and two children)	£12.45
Aqua Babes Session	£3.50
Swim-a-Song	£3.50
Under four's	Free

Dry Side Prices (non centre members)

	40 min Peak	40 min Off peak	1hr Peak	1hr Off Peak
Badminton	£7.70	£5.95	£11.00	£8.50
Squash	£7.20	£6.35	£10.30	£7.50
5-a-side Football	£28.30	£20.90	£42.20	£30.65
Basketball				
Drills/Training (part court)	£7.70	£5.95	£11.00	£8.50
Match/Game (full court)	£28.30	£20.90	£42.20	£30.65
Table Tennis	£7.70	£5.95	£11.00	£8.50

Concessionary Rates

Concessionary rates are available to those over 60, on a low income, or in full time education. Proof of eligibility will be required.

Children and Young People focused schemes

Teen Academy (11 – 18 yrs old)

Dance Mats and Sportswall – Monday, Wednesday, Friday and Saturday
Street Dance – Monday
Handball – Tuesday
Trampolining – Wednesday and Friday
Basketball – Thursday and Friday
Teen Gym (11-13 yrs old) Saturday and Sundays

Sports Academy (3mths – 16yrs)

Available are the following;

- Creche
- Gyminis
- Football
- Tubletime
- Trampolining
- Badminton

NB: Pay as you go, for times please contact 01233 663503.

Group Fitness Programme Hall

All classes can be booked up to 1 week in advance.

Please book by calling **01233 667120** or at **www.stourleisurebookings.co.uk**

Available classes are as follows:

- Legs Bums and Tums
- Pilates
- Body Step
- Body Blast
- Tai Chi
- Circuits
- Yoga
- Body Combat
- Shallow Aqua
- Body Balance
- Legs, Bums and Tums (60+)
- Body Blast
- Body Pump
- Combo
- Aerobics
- Boxing Class
- Deep Aqua

Tenterden Leisure Centre, Recreation Ground Road, Tenterden, Kent,
TN30 6RA

Tel: 01580 765987

Website: www.tenterdenleisure.com

Facilities include;

Water activities: swimming pool, leisure pool, 1 flume.

Gym: Fitness studio and health Club including, spa, sauna, steam room and treatment rooms.

Dry side: sports hall, 2 squash courts, 2 outside tennis courts

Rooms: meeting room and Cafeteria

Julie Rose Stadium, Willesborough Road, Kennington, Kent, TN24 9QX

Tel: 01233 613131, Fax: 01233 613130

Website:

http://www.ashford.gov.uk/about_the_borough/leisure_and_tourism/leisure_centres/julie_rose_stadium.aspx

Facilities include;

Athletics Specific: All Weather Track, jumps, throwing cages.

Gym: Contours Fitness Studio.

Dry side: Multi use games area, Indoor Training area

Rooms: Meeting room

Clubs include:

Adults

- Ashford Athletics Club
- Ever Active
- Karate

Juniors

- Julie Rose Juniors
- Track Attack
- Tumbletime
- Fun Camps
- Ashford Aligators
- Skools Out
- Children Birthday Parties

Courtside Sports Facility, Stanhope Road, Ashford, Kent, TN23 5RW

Tel: 01233 896511

Website:

http://www.ashford.gov.uk/health_and_wellbeing/sport_and_play/facilities/courtside.aspx

Facilities include;

Dry side: 6 multi-use courts, which can be used for netball, tennis and football.

Pitchside is a football facility next door

Rooms: Meeting room

- Tuesdays/Wednesdays/Saturdays Tennis Coaching
- Wednesdays – 2nd & 4th of every month Pay Train & Play – Drop in netball sessions for ladies 16+. Beginners & returners. Visit ashfordnetball.org.uk or contact courtside 01233 896511
- Casual Court Hire – Tennis from £6 per hour per court

- Netball / Football from £10 per hour per court

- Birthday Parties – Football/tennis/kwik cricket/multisports from £50 for 1 ½ hours

Pitchside

- Casual Pitch Hire – 1/3 of a pitch from £20
 - ½ of a pitch from £30
 - Full pitch from £50
 - Hire the pitch for your club for a season

All prices are for 1 hours hire and vary from junior sides to adult sides

Socatots Ashford – Pre School Educational Soccer Play Programme for children Walking to 4 years

Brazilian Soccer Schools Ashford – For children aged 5 -16 years – the best technical coaching available. The best start in football for any youngster.

Meeting room hire - £10 per hour - use the room for your club meetings

Kingsnorth Recreation Centre, Field View, Kingsnorth, Ashford, Kent, TN25 3NZ

Tel: 01233 503846,

Facilities: Hall, kitchen, bar, meeting room.

Privately run Health club facilities

Ashford International Hotel, Simone Well Avenue, Ashford, TN24 8UX
Tel: 01233 218400

Website: www.qhotels.co.uk/hotels/ashford-international-kent/spa-and-fitness.aspx

Facilities: Gym, Studio, Swimming Pool, Steam Room, Sauna, Jacuzzi, Beauty Treatment

Bannatyne's Health Club, Unit 2, Lower Terrace, Eureka Leisure Park, Ashford, Kent, TN25 4BN

Tel: 01233 653700, Fax: 01233 653711

Website: www.bannatyne.co.uk

Facilities: Gym, Swimming Pool, Sauna, Steam Room, Hair and Beauty, Café Bar

Eastwell Manor Hotel, Eastwell Park, Boughton Lees, Ashford, Kent, TN25 4HR

Tel: 01233 213000

Website: www.eastwellmanor.co.uk

Facilities: Gym, Swimming Pool, Spa Facilities, 9 hole golf course

Fitness First, New Street, Ashford, TN24 8TN

Tel:0844 5712802, Fax:01233 646296

Website: www.fitnessfirst.co.uk

Facilities: Gym, Cardio Theatre, Spinning Room, Juice Bar

London Beach Country Hotel and Spa, Tenterden, Kent, TN30 6HX

Tel: 01580 766279

Website: www.londonbeach.com

Facilities: 9 hole golf course, Gym, Swimming Pool, Spa, Restaurant, Bar

The Green Healthclub, Pluckley Road, Charing

Tel: 01233 713 858

Website: www.thegreenhealthclub.co.uk

Facilities: Gym, Swimming Pool, Crèche, Café, Beauty Room

Sports Specific

AMF Bowling, 43/79 Station Road, Ashford, Kent, TN23 1PP

Tel: 08448263010

Website: www.amfbowling.co.uk

Facilities: Bowling Lanes, Pool Tables, Restaurant, Bar, Games machines

Ashford Golf Club, Sandyhurst Lane, Ashford, Kent, TN25 4NT

Tel: 01233 622615

Website: www.ashfordgolfclub.co.uk

Facilities: 18 hole Golf Course, Restaurant, bar

Chart Hills Golf Club, Weeks Lane, Biddenden, Kent TN27 8JX

Tel: 01580 292222

Website: www.charthills.co.uk/

Facilities: 18 hole Golf Course, Driving Range, Restaurant, Bar

Great Chart Golf and Leisure, Bears Lane, Great Chart, Ashford, Kent, TN23 3BW

Tel: 01233 645848

Website: www.shoottheboss.co.uk

Facilities: 9 hole Golf Course, Pitch and Putt Course, Driving Range, Paintball, Archery, Beach Football, Beach Volleyball, Cafe

Homelands Golf Centre, Ashford Rd, Kingsnorth, Ashford, Kent, TN26 1NJ

Tel: 01233 661620

Website: www.ashfordgolf.co.uk

Facilities: 9 hole golf course, Driving Range, Restaurant, Bar

Tenterden Golf Club, Tenterden, Kent, TN30 7DR

Tel: 01580 763987

Website: www.tenterdengolfclub.co.uk

Facilities: 18 hole Golf Course, Restaurant, bar

Voluntary Sports Clubs

Information on local sports clubs can be found on the Ashford Borough Council Website Groups and Clubs Directory

www.ashford.gov.uk/community_and_living/voluntary_and_community/groups_and_clubs_directory.aspx or contact the Sports officer on 01233 330232.

Charlton community Scheme programmes

Monday-Tenterden Rec, Tenterden- 5-6.30pm

Tuesday- Park Farm- 6-7.30pm

Wednesday-

Homewood School- 9.30-12

Christchurch School- 1.15-3.30pm

Homewood School- 5.30-7

Towers School- 8-9

St Marys Playing Fields- 6.30-8pm

Thursday- Stanhope MUGA Linden Grove- 7-9

Friday-

North School- 8.30-12.30

Stour Centre, Ashford- 5.30-7pm

Brenzett- 6.30-8pm

Disability Sports

Athletics

Ashford Alligators

At Julie Rose Stadium– for 5 to 16 year old's. all disabilities

Contact :- Peter Gilham

Tel ;- 01580 852276

Football

Invicta Valiants Disability Football Club

Play at Courtside Centre in Kingsnorth, Ashford and at Stour Centre.

Open to boys and girls aged 6 to 16.

Contact :-David Ramzan

Tel ;- 07860713619, Email ;- info@incta-valiants.co.uk

Ashford Town FC

Contact :- Mike Knight Tel ;- 01303 872837

Gym

Teen gym work out for children aged 8 – 10, all disabilities welcome.

At Kingsnorth Recreational Centre

Contact ;- Rikki Apps, tel ;- 01233 503848

Karate

Every Wednesday 5:00 – 6:00 p.m., specifically for children with autism

At Kingsnorth Recreational Centre

Contact tel ;- 01227 370055

Holiday Fun Camps

Activity programme run during school holidays for 4 – 14 years olds with any disability. Held at Julie Rose Stadium

Contact ;- Stadium reception, tel ;- 01233 613131

Netball

For people with a learning disability. Runs once a month at Stour Centre

Contact Tina Yerby, tel ;- 01233 640488

Swimming

Dolphins Swim Club – for all disabled people of all ages, every Sunday

5:00 – 6:00 p.m.

At Stour Centre

Trampolining

Open to all ages and disabilities. At Stour Centre

Multi-sport clubs

- : **Active Mobility** for those with a physical and learning disability. Meet at Stour Centre

- : **Actionnaire Club** – for blind/visually impaired people of any age. Meet on set dates and times at Stour Centre
Contact :- Nicky Holloway, tel :- 07793 527031

Play Areas

Hythe Road Recreation Ground, Luckhurst Road, Sevington Church Road, Hunter Road Recreation Ground, Park Farm Infant, Park Farm Junior, The Limes, Kingsnorth Road, Stirling Road, Newtown, Belmont Place, Newtown, Newtown Green, Riverside, Kingsnorth, Bullied Place, Newtown, Rylands Road, Bybrook, St Annes Road, South Ashford, Victoria Park, Spearpoint Recreation Ground, Kennington Recreation Ground, Springwood Drive, Godinton Park, Singleton Oast, Hackfield, Rectory Way Bybrook Road, Heathfield Road, Quantock Drive, Quantock Drive – Highworth, Littlebrook Road, Noakes Meadow Grantly Close, Hopes Grove – High Halden, Greenside – High Halden, Longfield – Tenterden, Priors Way – Tenterden, Hitherfield – Charing, Green Lane – Smarden, Biddenden – Chulkhurst, Wittersham – Jubilee Field, Ridgen Road Little Burton Farm, Lancaster Close – Hamstreet, Mill Court

Health walks

HealthWalks are free, short, volunteer led, local walks aimed at those who wish to be more active. Walks are generally between 40-90 minutes and leave from accessible venues such as libraries and leisure centres. No need to book, just turn up for a free HealthWalk. Most of the HealthWalks finish with refreshments and a chat.

Ashford Library Church Road ASHFORD , TN23 1QX	Thursdays 4 th June To 27 th August	10.15 am (for 10.30 am start)	Approx 60 mins	01233 620649
New Hayesbank Surgery Bybrook Kennington ASHFORD TN24 9JZ	Wednesdays Ongoing	9.30 am (for 9.45 am start)	Approx 45-60 mins	01233 624642
Smarden Charter Hall, Chessenden Lane, Smarden, ASHFORD TN27 8NF.	Mondays 20 April to 27 July	10am (for 10.15 am start)	Approx 40mins	01304 828700
Children's' Centre, Willow Centre Brookfield Rd, ASHFORD	Wednesdays 	10.15 am (for 10.30 am start)	Approx 60 mins	0800 5877455
Children's Centre Kennington Phoenix Community School site, Belmont Road TN24 9LS ASHFORD	Alternate Fridays Apr 24 – May 8 & 22 – June 5 & 19	12.45 pm (for 1.00 pm start)	Approx 60 mins	07824 991981
Singleton Environment Centre Wesley School Road Singleton, Ashford TN23 5LW	Fridays 17 April Ongoing	10:00 am (for 10:15am Start)	Approx 60 mins	01233 630813